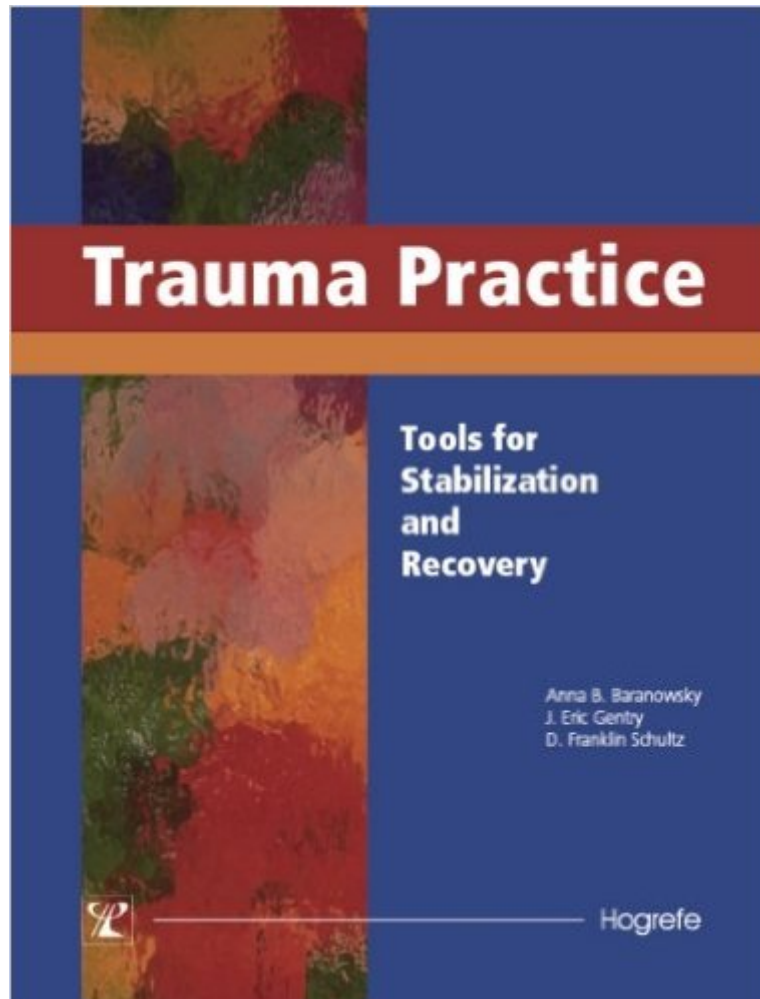


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# Trauma Practice: Tools For Stabilization And Recovery



## Synopsis

Written to help guide clinicians through the maze of trauma treatment, this practical manual is effectively a structured tool-kit of techniques and protocols to assist therapists in their challenging work with trauma survivors. With an emphasis upon cognitive-behavioral interventions, it provides resources and guidance for any psychotherapist working with any client. The manual is divided into three main sections, corresponding to Herman's (1992) Triphasic Model - Safety & Stabilization, Remembrance & Mourning, and Reconnection. For each of the three phases, it presents an array of techniques, protocols, and interventions, described clearly, thoroughly, and in a structured, easy-to-follow manner, in the four categories of cognitive, behavioral, body-oriented, and emotional/relational. This book promises to become an essential resource in trauma practice. A comprehensive, step-by-step guidebook, and an essential resource for all those treating trauma victims.

## Book Information

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## Customer Reviews

This is an excellent clinical resource. It uses the stage model of trauma recovery. It is packed with information and tools to use with clients at all stages of working through their trauma.

Easy to read, minimal focus on theory, mostly straight-to-the-point training in conducting various evidence-based interventions, including how to talk about the techniques with clients and which interventions tend to help with which issues. You can take what you learn from this book directly into

your practice (with supervision, of course). I LOVE this book!

Attended a training seminar by one of the authors. The content is right up my clinical alley :) This book contains tools you can use right away.

Just retired from DHS-FLETC-CISM as their Trauma Specialist and now in private practice. Gentry's ITI at SFU was enlightening and just plain fun. His networking with Baranowsky has resulted in excellent tools that work for us in the trenches. Thank you, both.

Quick and easy transaction. I am very satisfied with this purchase. This book is a great resource for my job in an Emergency Department. Great reference book for professionals.

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